



We are delighted to introduce the July 1, 2026 edition (Volume 13, Issue 2) of the Global Health Online journal.

The first two articles, by Shick and Fritch, explore the important role politics plays in shaping what we eat and, ultimately, our health. In this sense, your vote influences not only how healthcare is delivered, but also the health factors that determine whether those services are needed. This is followed by Bertke's article on natural approaches that may help people with Parkinson's disease. Parkinson and Alzheimer, two major neurodegenerative conditions, affect millions of patients and caregivers. Although their exact causes remain unclear and curative therapies are not yet available, approaches that help patients delay onset or slow progression are especially valuable.

Jones's article on Ayurvedic approaches to weight loss may seem redundant in the age of Ozempic; however, readers who thoughtfully apply the strategies described may find they do not need such medication. Sangha's article highlights the role of post-marketing surveillance in identifying important real-world patient impacts that may not be fully captured in clinical trials.

The final article in this issue reflects on my Fulbright journey. I hope it inspires some of you to begin your own Fulbright journey.

Today, the journal has more than 14,000

subscribers. When I became Editor in 2016, it had just 250. I sincerely thank each of you who clicks the link, finds the information useful, and downloads the articles. Many articles now average more than 50 downloads per month after publication.

In addition to uploading your article to the website, please email it to sekar@findlay.edu for prompt consideration.

Sincerely,

M. Chandra Sekar