



We are pleased to present the July 1, 2024, GHOL Volume 11 (2) issue of Global Health Online journal.

We start this issue with an article by Elliott and Sangha as they provide an important update regarding the inclusion of medications for multiple sclerosis into the WHO's essential drug list.

Next two articles are from students who got a different perspective on disease and therapy following completion of an elective medicinal herbs course. Khammanh talks about the impact of sugar on our health and how insidiously it can get into our body - as it is a significant part of many foods we consume, without our awareness. This is followed by Bauman, who provides a critical perspective on a "Terry Talks Nutrition presentation on statins".

Fourth article in this issue is by Brandenburg, who writes about her real-life challenges faced by a celiac patient as she tries to fulfill her need

to maintain a gluten free diet!

Next, Rangantha describes the educational value as a solo pharmacist in a health camp for hypertension. I certainly wish many more pharmacy students take such participation seriously – as my Fulbright project has demonstrated a tremendous need for “patient education” in India - which would make a real impact in patient healthcare outcome.

Final article in this issue is by me, that informs students traveling abroad for higher education to do their own due diligence before embarking on their journey.

While I am stepping down from my current teaching responsibilities at the University of Findlay, I will be still involved in publishing this journal as well as the student exchange program that we started a decade ago.

I certainly hope that each one of you finds something of value in this issue and will also consider submitting article for future issues – in that way you will be reaching over 13,000 subscribers to this journal!

Sincerely,
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FIPA
Fulbright-Nehru Scholar 2023