



We are pleased to present the July 1, 2025, Volume 12 (2) issue of the Global Health Online journal.

The first article in this issue, authored by Cupp, critically analyzes Terry Lemerond's presentation on sugar, which is available as a webinar on "Terry Talks Nutrition". This is followed by an article from Choi on Ayurveda, including her personal experience in treating her autoimmune condition. Subsequently, Khan provides a review of Dr. Jacob Teitelbaum's provocative presentation titled "Diabetes is Optional," highlighting his practice of integrative medicine.

Kmet offers a reflection on Armon Neel's

book, "Are Your Prescriptions Killing You?" and concludes that it should be mandatory reading for all healthcare professionals.

Rodriguez discusses current abortion laws in Florida, and in the final article, I share my experience with a device from Treatmedy—affectionately referred to as the "Knee Helmet"—which had a positive impact on my knee pain resulting from osteoarthritis.

We sincerely hope that you will find this issue engaging and consider contributing to future issues. With over 13,000 subscribers, our journal allows you to share your research and insights with a wide audience. Articles published in this journal achieve an average of 20 downloads per month for several months post-publication.

Sincerely,
M. Chandra Sekar, R.Ph., Ph.D., FAPhA, FIPA
Professor Emeritus
Fulbright-Nehru Scholar 2023