



We are pleased to present the February 1, 2025, Volume 12 (1) issue of Global Health Online journal.

First article in this issue deals with Ashwagandha, a herb that is part of many different Ayurvedic preparations and is currently gaining popularity in US. Readers interested in using Ashwagandha may find this article particularly informative. Given that herbal preparations are not regulated by the FDA in the US, it is recommended to choose a reputable brand with independent quality control measures in place.

This is followed by an article by Pal, who recounts his journey on his first publication. Of over 300 students who attended our first presentation on point-of-care coumadin clinic in 2015, he was the only one utilized the “INR kit” we had left behind with the conference organizers. That to-do attitude resulted in his first visit to US and podium presentation at a conference. Hopefully, his journey motivates others to follow through on similar

opportunities that appears in everyone’s life in one form or other. Next article by Bahrambeigi, describes the transformative decision in her life and the challenges associated with it, when she decided to do PharmD in India, rather than in Iran, where she grew up.

Following three articles illustrates what clinically trained pharmacist can do in India with their education. Shaikh narrates his involvement in the polio eradication campaign in India; followed by Samreen’s account of the first adult vaccination program initiative started at the Rainbow hospital in Hyderabad and led by a PharmD and the third article by Joseph clearly demonstrates the relevance of well-trained pharmacist in the Indian setting.

Finally, we conclude this issue with an article by Anderson and Meeker titled “Elective India Pharmacy Rotation – Learning Outside the Classroom”. As efforts are underway to open this elective India pharmacy rotation to other pharmacy college students in the US, it is hoped that this article will inspire them to take advantage of this unique opportunity.

Sincerely,
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Fulbright-Nehru Scholar 2023